

Picofy Tattoo Post Care:

Immediately After Your Treatment

It is normal to experience redness, swelling and warmth. Pinpoint bleeding and frosting of the skin are also expected and will resolve quickly. Crusting and even blistering can occur.

Step 1 –Second Skin Dressing (First 24 Hours)

- A **transparent adhesive bandage** has been applied to the tattoo.
- Leave it on for **24 hours**. Do not lift, peel, or get it excessively wet during this time.
- If the dressing lifts, wrinkles significantly, or causes discomfort before 24 hours, you may remove it carefully and proceed to the next phase below.

To remove: gently peel from one edge under warm water or in the shower. Do not rip off dry.

Step 2 — Healing Ointment (Days 1–7)

- After removing the second skin dressing, apply a **thin layer of Healing Ointment**.
- Apply **2–3 times per day for 1 week**, or any time the area feels dry or tight.
- Continue until the area is fully healed and any flaking or crusting has resolved.

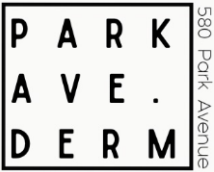
Day 1-7: What to Expect & How to Care for Your Skin

The treated area may blister, crust, or scab during the first week. This is normal.

- **Blistering:** Do not pop or puncture blisters. Leave intact as a natural protective barrier. If a blister ruptures on its own, apply healing ointment and keep area clean.
- **Crusting / scabbing:** Let it fall off naturally. Do not pick, scratch, or scrub.
- **Cleansing:** Gently wash the area once daily with a mild, fragrance-free cleanser.
- **Swelling:** Apply a clean cold compress (not directly on broken skin) for 10–15 minutes as needed to reduce swelling and discomfort.
- **Pain relief:** Tylenol or ibuprofen can be taken as needed (as per package instructions).
- **Clothing:** Wear loose, soft clothing over the treated area.

What to Avoid:

- **Sun exposure:** Keep the treated area out of direct sunlight for at least 4 weeks.
- **Tanning beds or self-tanners:** Avoid entirely until the area is fully healed.
- **Swimming:** No pools, hot tubs, lakes, or oceans for at least 2 weeks.
- **Intense exercise:** Avoid heavy sweating for 48–72 hours.
- **Active skincare products:** No retinoids, AHA/BHA, vitamin C serums, or exfoliants.



- **Shaving:** Do not shave over the treated area until it is completely healed.

Makeup/Cosmetics: Do not apply makeup, foundation or any cosmetic product directly over the treated area until healed.

Sun Protection -- Ongoing

For the initial two weeks following your Picofy tattoo procedure the treated tattoo should be kept out of the sun/UV light. Do not apply sun screen until fully healed.

- Once healed, apply a broad-spectrum **SPF 50+ sunscreen** to the treated area.
- Mineral sunscreens (zinc oxide or titanium dioxide) are preferred as they are less irritating to healing skin.
- Cover with clothing or bandaging when going outside during the first 2 weeks.

Understanding Your Results:

Tattoo removal is a gradual process. The Picofy laser breaks ink particles into smaller fragments, which your immune system then clears over time.

- Fading is progressive and continues for **4–8 weeks after each session**.
- Most tattoos require **6–12 sessions** for significant clearing.
- Dark inks (black, dark blue) respond fastest. **Bright colors (yellow, green, light blue)** may require more sessions.
- Sessions are spaced **6–8 weeks apart**.
- Some textural changes or lightening of the surrounding skin are possible.

Contact Us Immediately If You Experience Any of the Following Signs of Infection or Unexpected Reaction:

- Increasing redness, warmth, or swelling beyond the first 48 hours
- Pus, foul odor, or green/yellow discharge from the treated area
- Fever or chills
- Spreading redness or red streaking around the site
- Blisters that are large, painful, or rapidly spreading
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