Strategist

The 14 Very Best Wrinkle Creams



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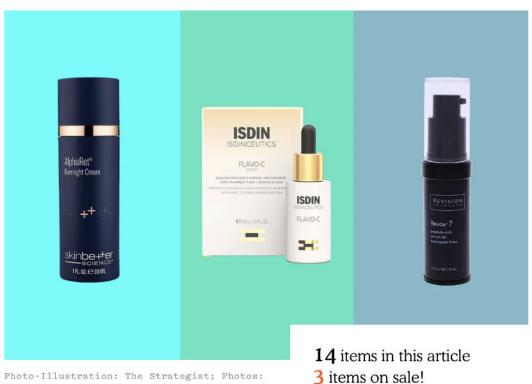


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> No matter your skin-care priorities, it's never a bad idea to incorporate products that prevent and treat signs of aging. "As we get older, our skin gets thinner and produces less collagen and elastin - which means it doesn't repair itself as well and isn't as plump or moist, which in turn causes our expression lines and wrinkles to stick around," explains dermatologist Noelani

n thi	s article
=	Best overall
•	Best for expression lines
•	Best with peptides and retinol
•	Best for dry skin
•	Best for oily skin
,	Best retinol alternative
	Best for the chest
•	Best for under eyes

Gonzalez, a specialist at Mount Sinai Health System. Wrinkle creams can be a great all-around product for navigating the skin's natural aging process because the best ones will "provide support to your aging skin and deliver ingredients to the skin that help it better repair and renew itself," she says.

To find the best wrinkle creams for preventing and treating fine lines, we spoke to Gonzalez and seven other dermatologists. Read on to find out what to look for in a wrinkle cream, or use the links below to jump straight to our experts' picks.

What we're looking for

Retinol		
Other active ingredients	+	
Size	+	

Best overall wrinkle cream



Skinbetter Science AlphaRet Overnight Cream

\$13C

Retinol: Includes retinol | Other actives: lactic acid, antioxidants | Size: 1 ounce (\$130/ounce)

Skinbetter's hero ingredient is retinol, the gold-star anti-aging ingredient. In this formulation, retinol is combined with lactic acid, which minimizes irritation while still delivering the benefits of both. "With this, you get the brightening effects of lactic acid in addition to the anti-aging effect of retinol," says dermatologist Samer Jaber, founder of Washington Square Dermatology. It's also well tolerated by sensitive skin; Jaber says that even his patients who have struggled with other retinoids find this "very tolerable." Last, it contains a blend of antioxidants to help neutralize free radicals.

Best drugstore wrinkle cream



RoC Retinol Correxion Deep Wrinkle Anti-Aging Night Cream

\$25

Retinol: Includes retinol / Other actives: glycolic acid / Size: 1 ounce tube (\$18/ounce)

If you don't want to spring for the Skinbetter, RoC's night cream comes highly recommended by the experts we spoke to. Dermatologist Carlos A. Charles, the founder of New York Citybased Derma di Colore, told us he typically suggests that patients use retinoids, retinol's prescription-

strength cousins, to treat wrinkles, but, he says, "in the over-the-counter world, RoC Retinol Correxion Deep Wrinkle Night Cream can be used for those who prefer a milder retinol formulation." Rabach agrees, adding that the RoC is gentle enough to use on more sensitive, wrinkly skin around the eyes. When using retinol, correct application is key to avoid irritating your skin (though irritation may still occur if you're just starting out). According to dermatologist Noelani E. Gonzales, start slow and apply a pea-size amount just two to three times a week, then work up from there.

Best wrinkle cream for expression lines



Revision Skincare Revox 7

\$150

Retinol: Does not include retinol | Other actives: Peptides | Size: 0.5 ounce bottle (\$260/ounce)

Dr. Lal is a fan of Revision Skincare's Revox 7, which contains seven different peptides and has been clinically proven to reduce expression lines around the eyes, forehead, and mouth, with lots of participants seeing results after eight weeks. "It helps to soften the lines," says Lal. While this product is efficacious on its own, because it doesn't contain retinol, it can be

combined with a prescription retinoid to increase its effectiveness.

Best wrinkle cream for fine lines and hyperpigmentation



Flavo-C by ISDIN

\$105

Retinol: Does not include retinol |
Other actives: Vitamin C, gingko
bilboa | Size: 1 ounce bottle
(\$105/ounce)

One of dermatologist Dr. Bradley
Glodny's favorite anti-wrinkle
ingredients is vitamin C, a powerful
antioxidant that's often recommended
for hyperpigmentation and brightening
skin tone. The ingredient, he says,
builds collagen and helps "fine lines
and wrinkles begin to diminish and
appear less obvious." One of his favorite

vitamin-C serums is Isdin Flavo-C, which he recommends applying in the morning right before sunscreen. "It rubs in nicely and doesn't have an off-putting odor like other vitamin-C serums," he says. "It contains a mix of antioxidants like ginkgo biloba, which can also help to protect your skin from toxins in the outside world."

Best wrinkle cream with peptides and retinol



Clinique Smart Clinical Repair Wrinkle Correcting Serum

\$71

Retinol: Includes retinol | Other actives: peptides, hyaluronic acid | Price: 1 ounce bottle (\$69/ounce)

This serum from Clinique, which comes recommended by Lal, contains both retinol and peptides that work together to boost collagen production and smooth skin. Lal calls it a good two-in-one product. "This is great if you don't want to use multiple products," he says. It also contains

hyaluronic acid, which helps hydrate skin. The more hydrated skin looks, the less visible wrinkles will be, thereby reducing the look of fine lines. Despite being a lightweight serum, it's hydrating enough to use on its own as a moisturizer, though you can layer it with a dedicated moisturizer for even more hydration.

Best wrinkle cream for dry skin



Olay Regenerist Anti-Aging Face Moisturizer Cream

\$27 now 15% off

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\$23

Retinol: Does not include retinol | Other actives: vitamin B3, hyaluronic acid, peptides, niacinamide | Price: 1.7 ounces (\$12/ounce)

"Slathering a moisturizer on every night will also help" plump wrinkles and fine lines, according to Rabach. She suggests Olay Regenerist for its thicker texture, which she notes is particularly good for wrinkly skin that's superdry. This cream is infused with hyaluronic acid, peptides, and niacinamide, all of which work together to plump and smooth fine lines. Niacinamide is a star ingredient in the formula, and it works especially well for lightening dark marks. That means this product is ideal if you want to treat hyperpigmentation as well as wrinkles. Niacinamide also acts as a humectant, which prevents additional moisture loss — key for reducing the look of fine lines and wrinkles.

Best wrinkle cream for very dry skin



Biologique Recherche Creme MSR H

\$348

Retinol: Does not include retinol | Other actives: Yam extract, soy isoflavones, shea butter, vitamin E, beeswax | Price: 1.7 ounces (\$205/ounce)

Biologique Recherche may be known for its smelly-but-effective P50 toner, but celebrity esthetician Sarah Akram says the brand's anti-aging cream is really good too. It's designed for people with very dry skin and often recommended for pre- and postmenopausal women dealing with a loss of elasticity or extreme dryness. In addition to deeply moisturizing ingredients like shea butter and beeswax, it contains soy isoflavones, an antioxidant that's said to counteract signs of skin aging by thickening the skin and addressing common concerns like hyperpigmentation and, of course, wrinkling.

Best wrinkle cream for oily skin



M-61 Hydraboost Collagen+Peptide Water Cream

\$76

Retinol: Does not include retinol | Other actives: vegan collagen, peptides, vitamin B5 | Price: 1.7 ounces (\$45/ounce)

"It's lightweight but hydrates," says Dr. Rachel Cheung of this moisturizer from M-61 that contains a mix of vegan collagen, vitamin B5, peptides, and Kakadu plum. "The vitamin B5 draws in moisture to restore the skin barrier, while antioxidants protect from free

radicals and peptides boost collagen production." It's also incredibly lightweight, a good option if you're on the oilier side.

Best retinol-alternative wrinkle cream



Alpyn Beauty PlantGenius Melt Moisturizer with Bakuchiol

\$60

Retinol: Does not include retinol |
Other actives: bakuchiol, vitamin
C, hyaluronic acid | Price: 1.7
ounces (\$35/ounce)

If you have sensitive skin and are looking for a less irritating alternative to retinol, Cheung recommends this moisturizer from Alpyn Beauty that contains common anti-aging staples like peptides along with bakuchiol, a natural ingredient that works similarly

to retinol. "It's a plant-derived alternative to retinol that delivers the same collagen-boosting effects without the irritation," Cheung says, adding that the formula contains moisture-barrier-supporting ingredients like squalane to help maintain and hydrate the skin.

Best wrinkle cream for the chest



Senté Dermal Contour Pressed Serum

\$198

Retinol: Does not include retinol | Other actives: heparan sulfate analog, dermatan sulfate analog, chondroitin sulfate analog | Price: 1 ounce bottle (\$198/ounce)

Celebrity facialist <u>Candace Marino</u> generally prefers serums to creams because they offer a more targeted approach. "Since serums are molecularly smaller than creams, they allow for better product penetration of the active ingredients," she says. The

serums can be layered with other night wrinkle creams for an additional benefit. She likes this cream-serum hybrid from Senté in particular, which she says helps firm and support skin from within and works particularly well for deep lines, especially on the chest area. It's formulated with dermatan sulfate analog (DSA) and chondroitin sulfate analog (CSA) — a skin-firming duo that helps promote collagen and elastin production. Marino says it helps to "re-volumize lax, depleted skin," and takes about four weeks of consistent use to see a noticeable difference.

Best wrinkle cream for under eyes



SkinCeuticals A.G.E. Eye Complex

\$105

Retinol: Does not include retinol | Other actives: blueberry, proxylane, peptides | Price: 0.5 ounce jar (\$200/ounce)

If you're struggling with under-eye wrinkles, Nussbaum suggests splurging on the SkinCeuticals A.G.E. Eye Complex, which she calls one of her "favorite creams to combat those pesky wrinkles around the eyes." She adds that "its balmy formula and optical diffusers reflect light away from the eye area, which is instantly illuminating." But this stuff works below the skin's surface to prevent future fine lines, too. It's formulated with blueberry extract, peptides, and pro-xylane to "moisturize, nourish, and prevent future visible signs of aging, while boosting elasticity and fortifying the skin's matrix, thus reducing the appearance of fine lines, wrinkles, and crow's-feet," Nussbaum explains.